## Which LRS FRENZY food blend is best for me?

## **Fish Frenzy**

- Shrimp
- Scallop
- Perch
- Haddock
- Mysis Shrimp
- Tuna
- Squid
- Oysters
- Krill
- Pressed Garlic Juice
- Selco

Our "base" blend, which all marine fish find irresistible, and is great for spot feeding LPS corals.

This diverse food blend is perfect for smaller systems or nano tanks because it has fewer micro sized coral additives, and is therefore ultra "clean."

*This* blend is appropriate for 90% of customers who do not have large coral colonies that need the coral specific micro-nutrients added to Reef Frenzy.

## Herbivore Frenzy

- Shrimp
- Scallop
- Perch
- Haddock
- Mysis Shrimp
- Tuna
- Squid
- Oysters
- Krill
- Green/Purple Nori
- Sea Lettuce
- Broccoli tips
- Carrot slivers
- Pressed Garlic Juice
- Selco

Herbivore Frenzy has the same base ingredients as the Fish Frenzy, however about 30% of the blend is vegetables for Tangs, Rabbit Fishes, etc.

The broccoli/carrots are blanched to aid in digestion and the Nori is soaked in Selco fatty acids for improved fish health.

Your fish will not be able to resist the seafood/garlic flavored Nori and veggies!

## **Reef Frenzy**

- Shrimp
- Scallop
- Perch
- Haddock
- Mysis Shrimp
- Tuna
- Squid
- Oysters
- Krill
- Rotifers
- Cyclops
- Zooplankton
- Area-51 Phyto
- Green/Purple Nori
- Broccoli Tips
- Carrot Slivers
- Pressed Garlic Juice
- Selco

This is our most nutrient rich blend, with specific additives to feed your corals and other invertebrates. It has minimal amounts of Nori and Veggies.

Reef Frenzy has been called a "Super Food" by our followers so you can feed less food and get amazing results.